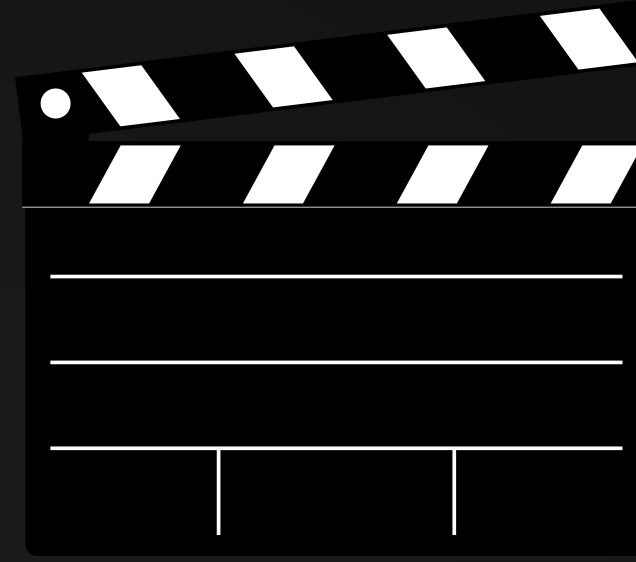# 淺談電影分級
-以臺灣電影分級制度為例

電影欣賞是現代人最喜歡的休閒活動之一，可藉此放鬆身心、紓解壓力；尤其是當我們進到電影院，沉浸在各種豐富的聲光效果與戲劇氛圍之中更是一大享受。然而你們是否曾經滿懷期待要進電影院觀看電影時，因年齡因素而被拒於門外的經驗呢？

本組組員自國中時期開始就有因想觀賞的影片被列為限制級而無法去電影院觀看的經驗讓人感覺失望，只好轉而到網站去做觀看。我們很好奇這些電影分級制度究竟是如何制定的呢?各國的電影分級制度有何差異?電影分級制度有其必要性嗎?因此以此主題作為探究
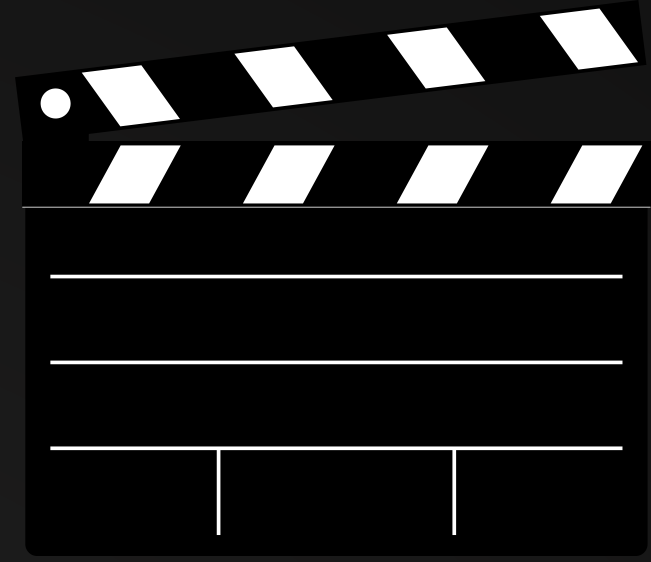

O⁺	6⁺	12⁺	15⁺	18⁺
普遍級	保護級	輔12級	輔15級	限制級

結論與建議

（一）電影分級制度是為了保護不同年齡的心理健康，因此有其必要性。

（二）為了保護兒童心理健康應該加強宣導電影分級的基本概念。

（三）在網路上應該要設置父母保護權限，用來限制兒童能瀏覽的網頁。

（四）父母也要隨時關懷孩子使用網路情況，避免孩童受到不良影響。

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Watching movies is one of the most popular leisure activities for modern people, allowing them to relax and relieve stress. Especially when we step into a cinema and immerse ourselves in the rich audio-visual effects and dramatic atmosphere, it is a great enjoyment. However, have you ever had the experience of being excited to enter a cinema to watch a movie, only to be turned away due to age restrictions?

Our group members have had experiences since junior high school where we were unable to watch certain movies in cinemas because they were rated as restricted, leading to disappointment and having to resort to watching them online. We are curious about how these movie rating systems are established. What are the differences in movie rating systems across different countries? Is there a necessity for movie rating systems? Thus, we chose this topic for our exploration.

Conclusion and Recommendations

1.Movie rating systems are necessary to protect the mental health of different age groups.

2.To protect children's mental health, the basic concepts of movie ratings should be more effectively promoted.

3.Parental controls should be implemented online to restrict the websites that children can access.

4.Parents should also constantly monitor their children's internet usage to prevent them from being exposed to harmful content.

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